

The City Ballet School
63 East Franklin Street ▪ Hagerstown, MD 21740 ▪ (301) 733-5833

Dear Parents and Students,

July 25, 2016

Welcome back!

After a summer full of wonderful dance sessions, we are excited to begin registration for the fall!

Our fall season begins Monday, August 22nd. Please take a few minutes to review our class schedule for the 2016-2017 school year. Please notify us as soon as possible if you have a schedule conflict with your assigned class and we will do our best to find a suitable substitution. We take great care in placing our students in proper levels and this may not directly correlate with the dancer's age. Please note that we restructure levels when necessary and it is not unusual for the name of your child's level to stay the same even though they will be presented with new material.

Creative movement, ballet 1, ballet 2, ballet 3 and ballet 4 have two weekly class options. You may choose to take one or both days of your assigned class. Please specify your choice on your registration form. Taking class twice per week will offer your child the greatest training advantage and will help them to progress more quickly, but it is not necessary for recreational students to take both days in order to participate in the class. Prep for pointe 1 meets twice a week and dancers must take both days of the class. If you are assigned to prep 1 but prefer to take one weekly class, you may enroll in a ballet 4 instead. Prep for Pointe 3 meets three times a week and dancers must take all three days of the class. Dancers in a pointe level are assigned two classes that each meet twice a week for a total of four technique classes. Additional ballet classes may be added if the student wishes. All students in ballet 4 or higher are strongly encouraged to take additional classes such as jazz, modern, tap, acro, or hip-hop. Learning multiple dance styles is similar to the way we learn language and they are best added at a young age. Please e-mail Danielle Horochowski with any questions you may have regarding level placement and scheduling. We encourage you to register as soon as possible for your first choices in classes. Registration may be mailed or dropped into our front door mail slot. We will also be holding an open registration at the school on Saturday, August 13th from 1:00-3:00pm.

We are very excited to announce that our program is growing! Our new programs include:

Acrobatics: Ages 7-14.(Tuesdays 6:45-7:45)

Hip-Hop: Hip hop 1 is for dancers age 8- 13 (Fridays 6:45-7:45) . Hip-hop 2 is for dancers ages 13-18 (Fridays 4:45-5:45)

Yoga: Yoga is being offered primarily as a drop-in class for adults on Monday, Fridays, and Saturdays, but may also be taken by students 12 and up with permission

We will be continuing our all boys class this fall! Full scholarships are available for our all boys ballet class for boys ages 7-13. This is a great cross training program for young athletes as well as those interested in building strength and flexibility (Thursdays 4:30-5:30)

We have added to our adult program and are offering adult ballet on Tuesdays and Thursday evening as well as adult modern, tap and yoga

Our season always begins in full swing and we will be auditioning for Nutcracker on September 11th. We believe that learning about classical ballets and being a part of the team through the rehearsal process are an important part of the curriculum at City Ballet. We encourage all our students to participate if possible. Information for Nutcracker and WMCBC auditions is on the back of this letter.

To increase the security in our new facility, we will be locking our front door while class is in session. The front door may be used 15 minutes prior to the start of the first class of the day and after the last class of the day. Street parking may still be utilized as our back entrance has a path to Franklin street on the right side of the building. Please take a moment to review the parking diagram and notes on parking instructions.

It is with great excitement and anticipation that we begin our 2016/2017 season. I trust that it will be a productive and inspirational year for each of our students as they grow as dancers and as individuals. As always, I can never thank you enough for your continued support and partnership with us. Training strong dancers takes many hours a week and we know that a dancer's schedule is always a challenge for busy families. I consider the opportunity to invest in our dancers to be a great honor and challenge and we take our responsibility to train our dancers with the highest standards of dance education very seriously. Please feel free to contact me with any questions you have regarding the upcoming year. I am looking forward to having the City Ballet family in the studios again!

All My Best,

Danielle Horochowski

Artistic Director

For Billing Questions contact:

Diana Miller

cityballetquestions@hotmail.com

For Schedule, Class Assignment or other questions contact

Danielle Horochowski

horochowski.cityballet@hotmail.com

NUTCRACKER AUDITIONS TO BE HELD

Open auditions for The Nutcracker will be held Sunday, September 11th at the City Ballet School
63 East Franklin Street Hagerstown MD

E-mail Danielle Horochowski at horochowski.cityballet@hotmail.com for Nutcracker questions

SUNDAY, SEPTEMBER 11th 2016

Audition times

Ages 12 and up - 1:30-3:30pm

Ages 7-11 - 4:00-5:00pm

Ages 4-6 - 5:30-6:00pm

Adults

Adults do not need to audition, but should come between the hours of 1:30-6:00 to register or e-mail us prior the audition with your intent to participate. We need 10-12 adults who would be available for Saturday rehearsals to be in the party scene. No dance experience necessary, but all rehearsals are mandatory.

Audition Requirements:

Dancers outside our school are welcome to audition but must be currently studying ballet at their home studio.

We are also looking for adult men and women of any age for character roles. Dance experience is helpful, but not necessary for these roles.

Please arrive at least 15-30 minutes prior to your audition time to register for the audition.

There is a \$15 audition fee by cash or check only. Please make payable to The City Ballet School.

Dancers will be notified about audition results via e-mail by Wednesday, September 14th.

Participation Requirements

Dancers who are chosen for roles will pay \$50 participation fee which includes costume rental and all rehearsal fees

Rehearsals will begin September 24th although many roles do not begin rehearsing until mid October. All rehearsals are mandatory.

Rehearsals will be held Saturday, and/or Sundays depending on your casting.

The performances are December 10th and 11th. Mandatory tech and dress rehearsals at the theatre on Thursday, December 8th and Friday, December 9th.

Questions should be addressed to Danielle Horochowski at horochowski.cityballet@hotmail.com

WESTERN MARYLAND CITY BALLET COMPANY AUDITIONS

WMCBC will be holding open auditions for company members and apprentices

Saturday, September 10th 2016 - 11:00am -12:30pm (10:30 registration)

ABOUT WMCBC

Western Maryland City Ballet Company is The City Ballet School's professional training division. Serving as our studio company, our goal is to provide advanced training and performance opportunity to serious minded dancers and to prepare dancers for future work in a company. The company performs 3 times a year including The Princess Tea Party, The Nutcracker, and a spring performance in addition to several other guest performances. Dancers in the company are mentored and guided to gain recognition in the dance community in order to further their training on a professional level.

Audition Requirements:

Ladies must have at least one year of pointe training to be eligible to audition.

Gentlemen must be at least 12 years old with previous dance training.

Audition fee is \$10

Dancers should wear class attire with no warm-ups

Participation Requirements:

Dancers selected as company members or apprentices take company class with ballet mistress Amy Wroblewski on Saturday mornings from 11:00am-12:30pm beginning on September 24th.

Dancers will rehearse from 1:00 until 5:00pm on Saturdays and some Sunday afternoons. Some rehearsals will be held through the week during WMCBC rehearsal blocks (see schedule for details) but not all company members will rehearse during these times. The company season runs from September 24th through May 14th with a winter break between the fall and spring seasons. Attendance is mandatory for all classes and rehearsals.

The cost for participation is \$425 for the year and covers all classes, rehearsals and costume fees. Company dancers must audition for The Nutcracker for casting purposes, but do not pay participation fees for The Nutcracker as they are covered by their company fees. The company also holds a mid-season audition, accepting new company members, but the cost for the season is the same regardless of whether the dancer begins their contract in the fall or spring.

Questions regarding the Company season or company auditions should be directed to Danielle Horochowski at horochowski.cityballet@hotmail.com

Release and Waiver of Liability

I waive and release the City Ballet School, its Artistic Director, employees, guest artists, and volunteers from any acts or omissions resulting in physical injury, medical treatment and any other damages to myself or my child resulting from participation in City Ballet classes or programs. I further waive and release The City Ballet School, its Artistic Director, employees, guest artists, and volunteers of any acts, conditions, omissions or accidents that may occur to myself, my child or any guest at The City Ballet School or any other premise where City Ballet activities and events are held. I understand that The City Ballet School is not responsible for personal property that is lost or stolen at The City Ballet School.

Signature of parent of legal guardian

date

Parent Release for Media Recording

Use of image

I _____ (parent or legal guardian)

- grant permission
- deny permission

to The City Ballet School to use the image of my child, _____.
Such use includes the display, distribution, publication of photographs, images, and/or video taken of my child for use of materials that include brochures, newsletters, videos, and promotional material including The City Ballet School's websites and television/ magazine advertisements.

Signature of Parent or legal guardian

date

City Ballet Policies (Please initial)

_____ I understand that my child will be asked to observe the class if they are more than 10 minutes late

_____ I understand that lockers are provided and that the City Ballet School is not responsible for lost or stolen items.

_____ I understand that my student must be in full dress code including hairstyle to participate in class

_____ I understand that a student under the age of 10 should not be left unattended before or after class

_____ I understand that good class attendance is necessary for a dancer to progress and improve in class

_____ I understand that the training methods used at the City Ballet School involve correcting and critiquing dancer's work in class and older dancers may be given exercises to be done outside of class.

THE CITY BALLET SCHOOL

2016-2017 Tuition Rates

1 (45 minute) class class per week/per student (creative movement or tap 1)	\$13.00 per class/per student
1 class per week/ per student (1 hour or longer)	\$14.00 per class/per child
2 classes per week/per student	\$13.50 per class /per student
3 or 4 classes per week/per student	\$13.00 per class/per student
5 classes per week/per student	\$12.50 per class/per student
Additional weekly classes after 4 per student	\$5.00 per class/per student
Drop-in rate for adult class	*\$16.00 per class/per student

*adult students have two payment options for drop in classes:

- option 1- register for the class (s) you would like to regularly attend and you will be billed monthly in accordance with our tuition rates and billing policy
- Option 2 – drop in rate. No registration required \$16 cash or check must be given to the instructor upon your arrival.

If a student drops or adds a class, causing the number of classes per week/per student to change, the City Ballet School must be notified in writing as soon as the class is dropped or added. Your statement will be adjusted on the following bill. 30 days notice must be given to drop a class.

There are no credits or refunds for any monies paid to City Ballet regardless of the reason. A missed class can be made up in another class of the same level or in the level following or preceding your child's level.

Unlimited classes: August 2016-June 2017 : \$2, 300.00 (see two payment options below)

Option 1- \$2, 300.00 paid in full on or before September 5, 2015 (please specify on your registration form that you will be paying with the unlimited class option)

Option 2- 2 payments of \$1,150.00

Payment 1 due on or before September 5th, 2016

Payment 2 due on or before November 7th, 2016

Savings represented with unlimited tuition depends on how many classes your child takes per week

5 classes per week = \$137.50 yearly savings

6 classes per week = \$332.50 yearly savings

7 classes per week = \$527.50 yearly savings

8 classes per week = \$722.50 yearly savings

9 classes per week = \$917.50 yearly savings

10 classes per week = \$1,112.50 yearly savings

Please contact Diana Miller via e-mail at cityballetquestions@hotmail.com for questions or advice regarding billing or for advice for the best payment option for your family.

The City Ballet School Billing Policy 2016/2017

Tuition rates are per class. The City Ballet School will be employing a new billing system this year. Yearly tuition for your classes will be calculated and divided into 9 monthly installments. (August – April) This will mean that your statement will be the same each month regardless of the number of classes in that particular month, while still being billed by the class. We hope this new billing method will make billing smoother and more predictable for everyone.

Example- Saturday Creative movement meets 36 times during the school year. \$13 x 36 weeks = 9 payments of \$52

There are no refunds for any reason. Please keep this in mind when deciding to use the unlimited payment option. No billing adjustments can be made for unlimited students who wish to change or drop classes during the year.

Missed classes due to illness, family emergencies/trips or classes canceled due to weather may be made up in a class of the same level or one level higher or lower than your child's current level. Holidays on the schedule are not billed to you and do not need to be made up.

Invoices are issued monthly in advance. You may choose to receive your bill via e-mail or through the mail. Please ensure that we are in your contacts list if you are receiving your bill via e-mail so that it does not go to your junk mail and be sure that we have your current address.

Please include your first payment upon registration. Please e-mail Diana Miller at cityballetquestions@hotmail.com with your class schedule to calculate your payment.

Tuition may be paid by cash, check or money order made payable to The City Ballet School and can be placed in our tuition box when you come for class. Our front door mail slot may be used before or after business hours. You can also mail to:

The City Ballet School
63 East Franklin Street
Hagerstown, MD 21740

All tuition is due by the 15th of the month. \$10.00 per month is assessed after the 15th.

A charge of \$35 will be issued for all returned checks.

After two returned checks have been received, payment will be accepted by certified check or money order only.

Students who have outstanding balances will not be admitted to class. The student may resume classes when the outstanding balance is paid in full.

Accounts 90 days past due are subject to referral to a collection agency.

When a student drops a class you will be charged for the class until you notify the school in writing of your withdrawal from the class. Change in tuition will occur on the following bill. No adjustments can be made for that month for dropped classes.

All billing questions should be to the attention of Diana Miller by e-mail to cityballetquestions@hotmail.com

I have read and understand the 2016-2017 billing policy and tuition rates. I understand and agree that:

Payment is due on the 15th for the following month tuition
There are no refunds for missed classes
Account holder is responsible for payment for registered classes until written notice is given for a dropped class.
Students may not take class after tuition is two months past due
There is a \$10.00 fee for late payments
Accounts 90 days past due are subject to collections
There is a \$35.00 charge for returned checks

Person responsible for account (Please Print) : _____

Student(s) on the account (Please Print) : _____

Signature of account holder and date _____ _____ _____

THE CITY BALLET SCHOOL 2016-2017 Calendar Dates

Please note that classes are held on any federal holidays that are not listed on this schedule. Inclement weather cancelations are posted by 3pm on our facebook page and our voicemail. (301) 733-5833

FALL 2016

Monday, August 22nd - Fall Classes Begin

Monday, September 5th - Labor Day - No classes

(Saturday classes will be held on schedule on September 5th)

Saturday, September 10th- Western Maryland City Ballet Company Auditions

Sunday, September 11th - Nutcracker Auditions

Saturday, October- 15th - Princess Tea Party

Monday, November 14th - Saturday, November 20th -Parent and guest visitation week

Thursday, November 24th - Sunday, November 27th Thanksgiving Holiday

Thursday, December 8th- Friday, December 9th - Nutcracker dress rehearsals

Saturday, December 10th -Sunday, December 11th – Nutcracker Performance

Wednesday, December 21st –Tuesday, January 3rd -Winter Break

Spring 2017

Wednesday, January 4th - Classes resume

Saturday, January 14th - company auditions and spring performance auditions

Saturday, January 21st - company resumes

Friday, April 14th – Monday, April 17th - Spring Break

Friday, May 5th - Dress rehearsal for WMCBC performance at the Maryland Theatre

Sunday, May 7th – Western Maryland City Ballet Company Spring Performance

Monday, May 29th - Memorial Day - no classes

(Saturday classes will be held on schedule May 27th)

Saturday, June 3rd – classes closed for Blues Fest

Wednesday, June 7th – Spring Recital Dress Rehearsal at the Maryland Theatre
(regular classes will meet as schedule on Monday, Tuesday, Thursday and Friday)

Saturday, June 10th -CBS Spring Recital at the Maryland Theatre

June 26th-29th – Princess camp (ages 3-5) 9:00-am-11:30 am

June 26th -29th Make –A- Ballet workshop (ages 5-8) 1:00pm-4:00pm

July 10th- 28th - CBS Summer Intensive (mandatory for dancers in prep for pointe and higher. Dancers in ballet 5 may attend with the permission of their teacher)

July 31st- August 3rd Trainee Workshop (ages 7-11) afternoons

Monday, August 21st - 2017 Fall classes resume

The City Ballet School

2016/2017 Studio Schedule

Inclement weather cancelations are posted by 3pm on our facebook page and our voicemail.
(301) 733-5833

City Ballet is closed only for holidays listed on our calendar

Monday	Studio A		Studio B		Studio C
4:30-6:00	Pointe 1 (Horochowksi)	4:30-6:00	Jazz 4 (Boross)	4:45-5:45	Ballet 3 (Fox)
6:00-7:15	Pointe 3 (Horochowksi)	6:00-7:00	Jazz 1 (Fox)	6:00-7:00	Tap 4 (Boross)
7:15- 8:45	Pointe 5 (Horochowksi)	7:15-8:15	Jazz 3 (Boross)	7:00-8:00	Yoga (Clayton)

Tuesday	Studio A		Studio B		Studio C
4:30-6:00	Pointe 2 (Horochowksi)	4:45-5:45	Jazz 2 (Fox)	5:00-5:45	Creative Movement (Wrobleski)
6:00-7:30	Pointe 4 (Horochowksi)	5:45-6:45	Prep for Pointe 1 (Wrobleski)	5:45-6:45	Ballet 4 (Fox)
7:30-9:00	Pointe 6 (Horochowksi)	6:45-7:45	Prep for Pointe 3 (Wrobleski)	6:45-7:45	Acrobatics (Fox)
8:45-9:15	WMCBC rehearsal block	7:45-8:45	Adult Ballet (Wrobleski)	7:45-9:00	WMCBC rehearsal block

Wednesday	Studio A		Studio B		Studio C
4:30-6:00	Prep for Pointe 3 (Horochowksi)	4:45-6:00	Modern 3 (Atkinson)	4:30-5:30	Ballet 4 (Wrobleski)
6:00-7:30	Pointe 1 (Horochowksi)	6:00-7:15	Modern 4 (Atkinson)	5:30-6:30	Ballet 2 (Wrobleski)
7:30-9:00	Pointe 3 and 5 (Horochowksi)	7:15-8:15	Adult Modern (Atkinson)	6:30-7:30	Ballet 3 (Wrobleski)
8:45-9:15	WMCBC rehearsal block				

Thursday	Studio A		Studio B		Studio C
4:30-6:00	Pointe 2 (Horochowksi)	4:30-5:30	Boys Ballet (Wrobleski)	4:30-5:30	Ballet 1 (Dattilio)
6:00-7:30	Pointe 4 (Horochowksi)	5:30-6:30	Prep for Pointe 1 (Wrobleski)	5:45-6:30	Tap 1 (Dattilio)
7:30-9:00	Pointe 6 (Horochowksi)	6:30-7:45	Prep for Pointe 3 (Wrobleski)	6:30-7:30	Tap 2 (Dattilio)
		7:45-8:45	Adult Ballet (Wrobleski)	7:30-8:30	WMCBC rehearsal block

Friday	Studio A		Studio B		Studio C
4:45-5:45	Yoga (Clayton)	4:30-5:30	Modern 1 (Rupp)	4:30-5:30	Tap 3 (Dattilio)
5:45-6:45	Hip –Hop 2 (Price)	5:30-6:30	Modern 2 (Rupp)	5:45-6:45	Adult tap (Dattilio)
6:45-7:45	Hip Hop 1 (Price)	6:30-7:30	Ballet 2 (Rupp)		

Saturday	Studio A		Studio B		Studio C
9:15-10:00	Creative Movement (Wrobleski)	10:00-11:00	Yoga (Clayton)		
10:00-11:00	Ballet 1 (Wrobleski)	12:30-5:30	WMCBC rehearsal		
11:00-12:30	Company class (Wrobleski)				
12:30-5:30	WMCBC rehearsal				

Sunday	Studio A		Studio B		Studio C
2:00pm-6:00pm	WMCBC rehearsals				

FREQUENTLY ASKED QUESTIONS

What determines my child's level placement?

Ballet

As a general rule, dancers will spend 2 years in classes in the children's division (creative movement - ballet 4) in taking 1 weekly class and 1 year if taking both days of the class. As students get older, there are other factors such as strength, flexibility and overall physical development that can determine how much work a student is able to do at the time. Students will not be placed in a pointe class until we feel that their body and level of technique is strong enough and they have mastered a list of prerequisites that we have for beginning Pointe. Pointe students are assigned to two levels of class each year and must take both levels.

Jazz/Tap/Modern

Placement for jazz, tap and modern dance is largely determined by the dancer's age and level in ballet technique. Ballet is the core training for all dance forms so a student in an upper level ballet class may be eligible to take an advanced jazz or modern class even if they have not had prior training in that discipline. There is a large gap between levels of jazz, modern and tap, so students can expect to spend several years in each level.

Can I take a class other than the one assigned?

For children's division: Classes in our preschool and children's division have two class options. You may choose one or both. (Please specify on your registration form). If you need a different class because of a schedule conflict, you may e-mail us and we will help you with some options. We may place a student in a higher level with the understanding that your child may spend more time than usual in that level. You always have the option to repeat a level and sometimes this can be a great thing for a child's confidence and sense of mastery of the material.

For prep: Moving to pointe is only at the discretion of your teachers and your mastery of our Pointe prerequisites. You may not request to enter a pointe class if you are not assigned to one. Students often spend several years in a prep class and typically do not progress to a Pointe level all together as a group.

For Pointe: Students may request to move to a different level, but this may cause them to forfeit the class performance if they are not at the level of the class at that time. The teacher is also focused on helping students master the material for the level, and may not be able to help a dancer who is not at that level yet. If at all possible, it is best for pointe level students to stay in their assigned levels.

What is the best way to contact my child's teacher or the Artistic Director with questions?

Because the City Ballet School chooses to spend its resources on hiring the highest level of college educated and professionally trained faculty, we do not have an office staff. Please be patient as it can often take a while for us to get back to you. The best way to get a hold of Danielle Horochowski is through e-mail at horochowski.cityballet@hotmail.com. You can also call or text the school at (301) 733-5833.

How does billing work? What if I have a billing question?

Classes are billed in 9 even monthly installments. Bills will be sent the first of the month and are due by the 15th for the current month. Please e-mail Diana with your class schedule to calculate your tuition. Your first tuition payment should be included in your fall registration. Late payments are charged a \$10.00 late fee. You may sign up to receive your bill via e-mail or through the mail. You can mail your payments, hand it to your teacher when you come to class, drop them in our tuition box, or drop it in our front door mail slot. Any billing questions or concerns may be addressed to Diana Miller at cityballetquestions@hotmail.com.

Why is ballet training so formal?

The structure and format of a ballet class is deeply rooted in tradition and we conduct ballet classes conducted with traditional formalities to pass on the rich heritage and history of classical ballet. Ballet training is a very intricate and precise discipline that requires a lifetime of study and a student-teacher relationship that is built on mutual respect and continuous development. We feel very strongly about respecting the studio as a special place for work. It is for this reason that we enforce our rules and policies very strictly in order to teach professionalism at an early age.

How will I know if a class is cancelled?

Classes are only cancelled if the weather is bad or is expected to be bad. Sometimes we cancel some classes and not others on the same day depending on our faculty's travel for that day. We do not always follow the school systems cancellations but we always posts cancellations on our voicemail. We post our cancellations on facebook (which can also be viewed on our website homepage even if you do not use facebook) We will also post a voicemail with inclement weather information at (301) 733-5833. We do not close for Halloween or government/school holidays (except for Labor Day and Memorial Day).

Are there additional fees besides tuition?

All City Ballet students are invited to perform with their class in our spring recital, although this is not mandatory. Costumes are purchased in January are usually \$75 per costume. There is also a \$40 recital fee that entitles you to recital tickets. Performing in the recital is optional, although most students choose to participate. The Western Maryland City Ballet Company produces two full length ballets each year. Students in the ballet school are invited and encouraged to participate in our productions. The audition fee is \$15 and the participation fee is \$50 which includes all rehearsals (that are held on the weekends) and your costume rental. Participation in these productions are encouraged, but not mandatory.

What is the Dress Code for my child's classes?

Ballet

girls- pink ballet tights, black leotard and pink leather or canvas ballet slippers. Pointe level students should wear professional mesh seamed tights, and spilt sole canvas ballet shoes

Hair must be secured in a bun.

Students in ballet 3 and higher will not be permitted to class without proper dress code, including having their hair in a bun.

No jewelry is permitted except for small earrings.

No undergarments should be worn under dance attire. Proper fitting leotards and tights are designed so that undergarments do not need to be worn.

boys - black ballet shoes, black tights or form fitting leggings and a white, form fitting t-shirt. Boys ages 12 and up should wear a dance or athletic belt.

Jazz/ Modern -

Girls- Solid color leotard, solid color tights. Hair must be secured in a ponytail or bun.

Boys – black footless or convertible tights, or jazz pants solid color t-shirt

Hip-hop

Girls/boys- sneakers, sweats, jazz pants, shorts and t-shirts may be worn. No short shorts or crop tops.

Please address any additional questions you may have to Danielle Horochowski at horochowski.cityballet@hotmail.com or (301) 733-5833

City Ballet Policies and Code of Conduct

The safety of our students is very important to us and we want to ensure that the City Ballet School is always a safe and professional learning environment. We view our studios as a special place exclusively designed for the serious dance student. The City Ballet School upholds a strict code of conduct to help enforce the level of discipline and respect we expect from each student. Our code of conduct includes:

- Dancers must be fully dressed and prepared for class by their scheduled class time
- Dancers who arrive late must apologize to their teacher and ask if they may join the class (Participation is subject to the teacher's discretion, dancers who arrive more than 15 minutes late may be asked to observe class that day)
- Dancers must be in adherence to our dress code policy (including hair) to participate in class.
- Dancers must always treat their classmates, other students and all instructors with respect.
- There is no talking in class
- No chewing gum permitted for students in the classroom
- Dancers are expected to fully participate in class and demonstrate their best work, attention and effort at all times.
- Please notify your child's instructor if your child will be absent from class. In the event of injury or illness that is not serious or contagious, the dancer should still come and observe the class if possible.

Student classroom policies and expectations

Children's Division: We expect students in our children's division to follow our rules for the classroom including following our dress code (including hair in a bun). We expect children to be focused and to fully participate in class. If a child is not willing to fully participate on a given day, we will have them observe the rest of the class. Students who are disruptive or talkative may also have to observe the class. Students are not permitted to leave the room during class time unless it is an emergency.

Intermediate/Advanced Division- Students are required to come fully prepared for class including caring for their feet so they are able to properly participate in pointe work and must have a *useable* pair of pointe shoes. If shoes are too broken or do not fit properly, a student will not be permitted to wear them to class. Students in these levels are given corrections and instructions in class and are expected to work outside of class to improve on the assigned issues and to work in class with personal goals in mind. Dancers are expected to retain corrections and lessons from one day to the next. A teacher may dismiss a student from class if they are not focused enough to benefit from the class or if they are a disruption in any way. Students should thank their teacher (and the pianist) at the conclusion of class and apologize if they have had to be reminded of any rules or policies during class. We expect our dancers to work with the highest standard of integrity in every class. We are very demanding of our intermediate and advanced students, but our policies are in keeping with professional standards worldwide and we want to give our dancers an education that enables them to succeed in this highly competitive field.

Drop Off/Pick Up

The school will open 15 minutes prior to the start of the first class of the day. We are using our portion of our private parking lot for drop-off and pick-up only. Please enter from the left, pull in straight in a parallel fashion and exit on the right. Cars must be on the right side of our dividing parking line. Parking space on the left are designated for tenants of another building and should not be used in any way including drop off. If you will be leaving your vehicle to accompany your child into the studio, please park in a spot in the central lot. We will be keeping our front door locked, but dancers can easily access our back door from the right side of the building.

Our Space

Our school is an educational facility and parents and children should be quite and respectful while in our waiting area. It is never appropriate for children to be playing in or outside the studio. Absolutely no one (adults or children) may occupy a vacant studio unless given express permission to do so. Please clean up after young children in the dressing room and the bathroom. We request that you do not leave diapers in our trash cans or flush anything other than toilet paper down the toilets. Dancers are expected to clean up after themselves.

Valuables

Dancers should leave their valuables at home. Lockers are available for use during class for free and dancers are strongly encouraged to lock anything of value. Dancers may not leave belongings in their lockers overnight. The City Ballet School is never responsible for lost or stolen items.

We expect all our students to maintain our standard of conduct at all times. Training dancers requires that the student and their teachers work closely together to reach each dancer's full potential and we believe that a strong sense of discipline allows students to reach their goals. Our code of conduct creates an environment where dancers can pursue their training without distractions and provides a safe and nurturing environment for our students. Please read over our code of conduct with your dancer as we will also do on the first day of class. Thank-you for helping us create a professional environment possible for our dancers!

Meet The City Ballet Faculty

Sandra C. Atkinson is the Founder/Artistic Director of Light Switch Dance Theatre (sites-specific modern dance company) and Co-Founder of the Jazz Is...Dance Project. She has a B.A. in Dance from University of North Carolina at Charlotte and a M.A. in Performing Arts: Dance from American University. She has taught at American University (Washington, DC), Goucher College (Baltimore, MD), American College Dance Festival, Washington Ballet School, Dance Place (ReVision Dance Company class), and for Equinox Dance Company. Sandra has created works for Equinox Dance Theatre, Next Reflex Dance Collective, City Ballet, American University and Montgomery College Dance Company. Sandra has performed professional with Next Reflex Dance Collective, Peter Dimuro, Jane Franklin Dance, Carla & Company at Dance Place, and Liz Lerman Dance Exchange. In 2012, Sandra was awarded the Smithsonian Faculty Fellowship from Montgomery College. She has also been a Dance Metro/DC Selection Panelist for the 2012 Awards and Advisory Board member for ReVision Dance Company. She serves as choreographer for Round House Theatre (Silver Spring, MD) and has also taught master classes and intensives in Musical Theatre for Imagination Stage (Bethesda, MD). Some of her professional theatre work includes choreography for Glass Mind Theatre Company (Baltimore, MD) production of *Midsummer Night's Dream*, Fells Point Corner Theatre's (Baltimore, MD) production of *Durang Durang*, Strand Theatre's Production of *One Glitz Wish* (Baltimore, MD), Montgomery College's production of *HONK!*, *RENT*, *Godspell* *Conference of the Birds* (Rockville, MD), and Notre Dame of Maryland University's production of *Love and Information* (Baltimore, MD). Ms. Atkinson teaches modern dance at City Ballet.

Bob Boross is known internationally as master teacher and choreographer in jazz, tap, and musical theatre dance. Bob's career began as a musical theatre performer in productions of *West Side Story*, *Godspell*, *Zorba*, *Funny Girl*, *The Boyfriend*, and *The Pirates of Penzance* (Pirate King). He made his Broadway debut in the 1981 revival of *Can-Can*, choreographed by Roland Petit. Since then he has choreographed Equity and Non-Equity productions of *Annie Get Your Gun*, *Guys and Dolls*, *Victor/Victoria*, *Blood Brothers*, *The Best Little Whorehouse in Texas*, and *A Funny Thing Happened on the Way to the Forum*.

Most recently his work has been seen on multiple occasions in the *NY Jazz Choreography Project* and *VelocityDC Dance Festival* in Washington DC. In Los Angeles Bob presented his work in *Jazz Dance LA*, *Spectrum Dance in LA*, and at the *Gypsy Dancer Awards Show*. His evening length dance theatre piece *Empty Sky...The Rising*, set to twelve songs by Bruce Springsteen, debuted in 2005 at the Two River Theatre in NJ. Bob has also been invited to teach and choreograph by respected dance academies in France, England, Russia, Sweden, Finland, Italy, and Mexico. He has given master classes in NYC at both Broadway Dance Center and STEPS, and at top universities like Northwestern, NYU, Carnegie Mellon, and Southern Methodist.

Over the years Bob's students have enjoyed great success - dancing on Broadway, in films, music videos, ballet companies, in Las Vegas, on the Academy Awards show, and as finalists in the shows *So You Think You Can Dance* and *Step Up and Dance* (Bravo network). Bob holds the M.A. in Individualized Study (Jazz Dance) from the Gallatin School of New York University. He has held professorships at the University of California/Irvine and Shenandoah University. He is an invited member of the Advisory Board of *Dance Teacher Magazine*, and will be a featured teacher of jazz dance in an upcoming *Dance Teacher* issue. Mr. Boross is teaching jazz and tap dance at City Ballet.

Aaron Clayton is a certified yoga instructor and completed his 200 hour yoga teacher training through the Kaivalya Yoga Method. He holds an M.A. in English from Middlebury College and is completing a Ph.D. in English at the State University of New York at Binghamton. He is an Associate Professor of English at Frederick Community College, where he also teaches vinyasa yoga for the faculty. Mr. Clayton teaches yoga at City Ballet.

Cathryn Fox (Colbert) holds a B.A. in early childhood/elementary education from Frostburg State University. She holds a certificate in dance from Shenandoah University Conservatory where she studied dance performance and performed in multiple faculty and student works. She is a graduate of the City Ballet School and has performed numerous roles in both classical ballet and contemporary works. She has also performed character roles for Western Maryland City Ballet Company and has danced roles such as Mrs. Stahlbaum in *The Nutcracker* and Carabosse in *The Sleeping Beauty*.

In 2014, her choreography was selected as a guest piece that was performed for the Kidz Bop Kids concert. In addition to her work at City Ballet, Mrs. Fox teaches kindergarten for Washington County Public Schools. Mrs. Fox teaches Jazz, ballet and acro at City Ballet.

Olivia Price began her training at Mid Maryland Performing Arts Center at the age of 3. She attended Dickinson College where she continued her dance training under directors Sarah Skaggs and Dena Verley-Christophe. She performed and choreographed for Dickinson's repertory company and Dance Theater Group. She holds a bachelor of Arts in Italian from Dickinson College and The University of Bologna (Bologna, Italy). Throughout her years in school, Olivia had the pleasure of working with The Central Pennsylvania Youth Ballet, Kristin Pontz, Cori Kresge of Merce Cunningham Dance Company, and The American College Dance Festival. Ms. Price teaches hip-hop at City Ballet.

Check out these programs!!!

ADULT CLASSES IN BALLET, TAP, AND MODERN



Dancing has science behind it!! The latest science praises dance classes for adults as a great way to stay mentally sharp, boost memory, reduce stress, improve mood and have better energy. It also has physical benefits such as increasing balance, coordination, control, flexibility and stamina and is a fun and exciting way to burn those calories while learning a new skill!!

Adult Tap - Fridays 5:45-6:45pm

Adult Modern- Wednesdays, 7:15-8:15pm

Adult Ballet- Tuesdays/Thursdays 7:45-8:45pm

Yoga- Mondays, 7:00-8:00pm , Fridays, 4:45-5:45pm , Saturdays 10:00am

No registration required! You can pay a drop in rate of \$16 per class or you can register for these classes for the regular City Ballet rates. (\$14.00-\$12.50 depending on the number of classes)

What do I wear?- Anything that moves comfortably, athletic wear, sweats ect. Dance attire is welcome but not necessary. Ballet slippers for ballet, tap shoes for tap and barefoot for modern and yoga

ALL BOYS CLASSES



Calling all brothers!

The City Ballet is offering a boys only ballet class for male students between the ages of 7 and 13. A limited number of full tuition scholarships are available. Please e-mail Danielle Horochowski at horochowski.cityballet@hotmail.com for scholarship details. Boys who are interested in training but have a schedule conflict with the boys class may be eligible for the same scholarship for co-ed ballet class.

Thursday 4:30-5:30

What do I wear?- Anything you are comfortable moving in. Athletic wear is fine but athletic shorts should be worn with spandex underneath. White ballet flats or socks .

Ballet training offers many benefits for boys including finesse, coordination, speed, balance, control, agility, strength, flexibility, mental focus, quick thinking and stamina. Boys develop in these areas more slowly than their female counterparts and ballet can give them a competitive edge. The benefit is so great that many professional athletes use ballet as part of their training. Ballet has been used for cross training for body building, soccer, martial arts, football, field sports, and by many Olympic athletes. Class is great for developing these skills in athletes and non athletes alike. The balanced muscular development that ballet offers is highly beneficial for injury prevention in athletes, especially when studied through puberty and pre puberty years when physical growth changes muscular development. The structure of ballet class teaches how to learn quick sequencing while maintaining control of the body, thus teaching how to make muscular choices in a situation that requires quick thought.

Rio Ferdinand is captain of the English football team and centre back for Manchester United. Ferdinand said ballet helped him develop as a footballer as he had to improve his balance and timing, saying: "It's elegant and you have to be flexible."

Jean-Claude Van Damme is one of the world's most famous action film stars. Van Damme took up ballet when he was 16 to help his fighting. He recently said that ballet was key to his success because it gave him grace and flexibility. "Ballet is an art, but it's also one of the most difficult sports. If you can survive a ballet workout, you can survive a workout in any other sport."

Steve McLendon, nose tackle for the Pittsburg Steelers says that he's been taking ballet since his senior year of college. He says " Ballet is harder than anything else I do," He credits ballet for keeping him injury free and says the ballet has strengthened his knees, ankles and feet so much that he can tell the difference when he hasn't taken ballet in a while.

The London Olympians are a leading British American Football Team who have won the British League several times (and with several unbeaten seasons). Their coach Stephen Marcus decided to introduce ballet as part of the team's training to improve footwork, balance and agility. He said, "When I first heard of this idea I thought it was a joke but having done some research of my own it makes perfect sense."

Other athletes who studied ballet include Muhammad Ali, Arnold Schwarzenegger, Lynn Swann, Herschel Walker, Barry Sanders, Willie Gault and many more!